



**Dear Planetary Health Community in Switzerland,**  
*Salut tout le monde, ciao, bun di, hoi zäme!*

Since our PHUSE project officially launched at the beginning of the year, many things have been evolving. As officially announced in September, seven of the nine planetary boundaries have now been transgressed, further threatening our health (see news below). This underlines the importance of our common endeavour: We urgently need education that enables the socio-ecological transformation for health and well-being within the planet's limits. Enjoy the newest updates around Planetary Health Education in Switzerland!

Best wishes,  
Francine and Bea

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## SAVE THE DATE

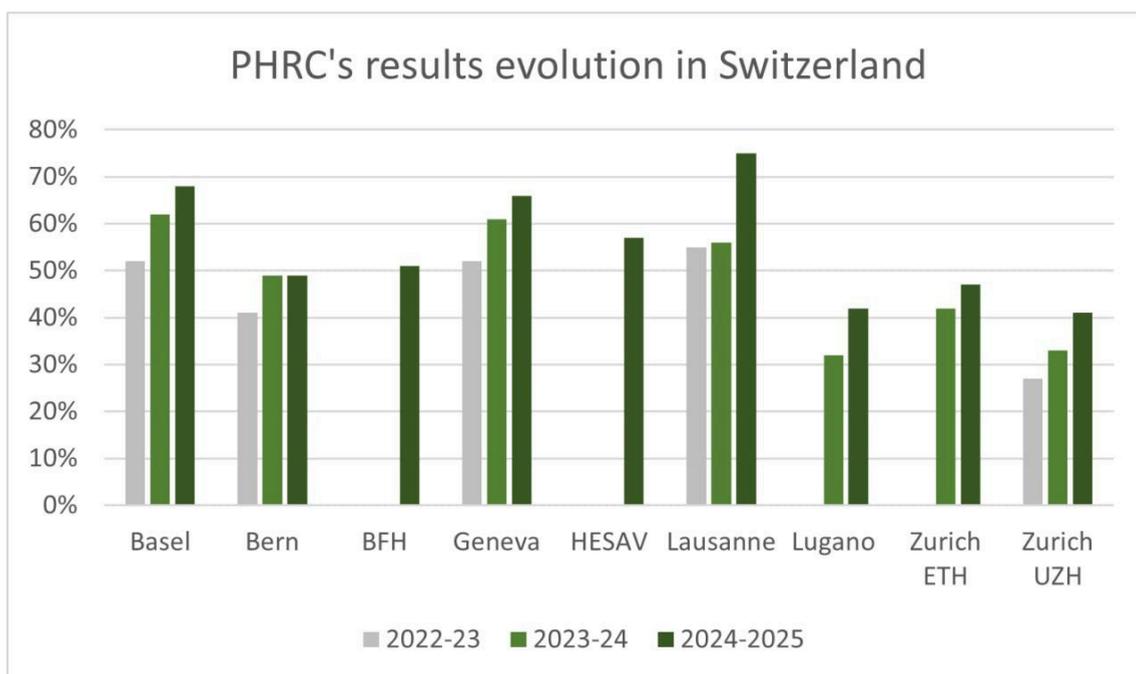
- 19. November 2025: Next PHUSE Education meeting ([Zoom Link](#))
- 20. November 2025: [Symposium on Sustainable Research](#), University of Lausanne
- 26. November 2025: Workshop "[What seeds should I plant today for my health in 10 years?](#)", Semaine du Climat, Genève
- 28. November 2025: Conference "[Interprofessionalität und Planetare Gesundheit – gemeinsam in die Zukunft?](#)", Bern

- 03. December 2025: Workshop «[12 mois 12 actions](#)» pour la santé et l'environnement, Semaine du Climat, Genève

## UPDATES FROM THE PHUSE NETWORK

### 5 Highlights on Planetary Health Education in Switzerland

- Switzerland has its first Assistant Professor for Planetary Health at the University of St. Gallen. A warm welcome to [Prof. Susanne Fischer!](#)
- The [University of Zurich](#) has introduced a new 10h-course on Planetary Health for the 5th year medical students with excursions and group discussions.
- The national competency framework for medical students in Switzerland ([PROFILES](#)) has been updated with the integration of Planetary Health and Diversity, Equity and Inclusion.
- The next CAS on Health and the Environment at the Haute Ecole La Source in Lausanne starts in April 2026 (in French). You can find more infos and apply [here](#).
- This year the Zurich University of Applied Sciences (ZHAW) developed a [Planetary Health E-Learning](#) and for the first time introduced it to a course with an interdisciplinary group of health students.



## Medical Faculty of University Lausanne scores best Planetary Health Curriculum in CH

The [Planetary Health Report Card](#) (PHRC) is a yearly, student-led evaluation of the integration of Planetary Health and Sustainable Healthcare in the curricula of health study programmes. The results of 2025 show: The University of Lausanne is the leading Swiss university when it comes to Planetary Health education. Together with the University of Basel and Geneva, they are the only three Swiss universities to rank above the international average.

The good news is: Even though all the other Swiss universities still score below the international average, most of them are increasingly integrating Planetary Health into their curricula. With the yearly improvement and the new PHUSE network, there are hopefully big steps towards Planetary Health ahead!

Find all the results of the 2025 PHRC



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### Would you like to learn more about toxic-free healthcare?

Join the free online course [“Born Green Generation – Delivering Toxic Free Healthcare”](#) – an interdisciplinary e-learning course with a special focus on reducing plastic and harmful chemicals in healthcare. The English-language course is open to all students and individuals free of charge and is offered by the Bern University of Applied Sciences (BFH). As an unaccompanied e-learning course, the content can be worked through individually and at your own pace (2 ETCS). It is also possible to attend the course now (pilot version), but no ECTS credits can be awarded. The module was developed at BFH on behalf of Health

Care Without Harm Europe and is therefore part of the broader [Born Green Generation project](#).

**Registrations** can be sent to [studadmin.gesundheit@bfh.ch](mailto:studadmin.gesundheit@bfh.ch) from mid-November.

🌿 For further information and questions, please contact:  
[katharina.thurnheer@bfh.ch](mailto:katharina.thurnheer@bfh.ch)

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## **Lausanne: Assembly on Sustainable Research in Medicine, Biology and Health**

As part of the PHUSE project, the Faculty of Biology and Medicine at the University of Lausanne (UNIL) is launching its [Sustainable Research Assembly](#). This is a deliberative and forward-thinking initiative designed to bring people together to reflect on the future of research in biology, medicine, healthcare, and public health. The goal is to combine respect for environmental limits, good research conditions, and scientific excellence by 2037.

🌿 **Interested to learn more?** Contact the local coordinator:  
[andrea.montant@unil.ch](mailto:andrea.montant@unil.ch)

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## **Conference on Interprofessionality and Planetary Health in Bern**

The [conference](#) organised by the Bern University of Applied Sciences (BFH) will address the question of how key skills in interprofessional collaboration and Planetary Health can be effectively taught and permanently embedded in the

curriculum – for future-oriented teaching. National and international experts will report on current developments and share their perspectives. There will also be plenty of opportunity for discussion among participants. We will round off the day with drinks and snacks.

**When:** 28 November 2025, 9.15 a.m.–4.15 p.m. – Bern (free attendance)

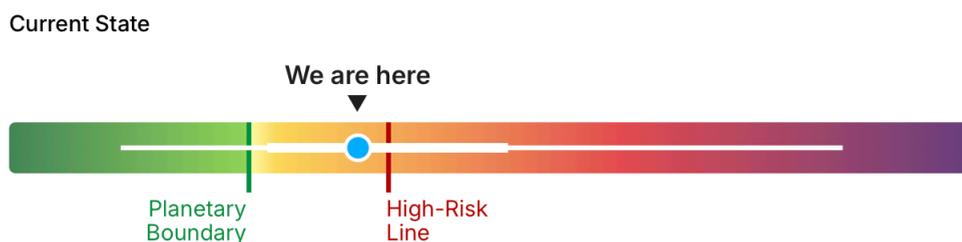
**Registration:** Until 12 November 2025

Register now

## IMPORTANT PLANETARY HEALTH NEWS

# Our planet's vital signs are flashing red

We have breached 7 out of 9 Planetary Boundaries.  
The Planetary Health Check 2025 makes it clear: We have to act now.



©Planetary Health Check 2025

## Crossing of 7th Planetary Boundary

A major new scientific review, “Planetary Health Check 2025”, shows that seven of nine planetary boundaries have now been exceeded. For the first time, this also includes the boundary for ocean acidification. This means that several of Earth’s life-supporting systems risk crossing critical thresholds, with severe consequences for both ecosystems, human health and societies.

 Read more [here](#). (english)

## Medical professionals raise concerns about meat consumption in Europe

91 percent of doctors and nutritionists consider current meat consumption in Europe to be problematic for health. According to a survey by Madre Brava, 600 professionals from five countries are calling for concrete measures: from clear warnings and less meat in public institutions to systematic promotion of plant-based diets through government investment.

 See the [survey results](#) (english)

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## New Report by Global Climate & Health

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## The Lancet Countdown on Health and Plastics

Plastics cause a high burden of disease—they are responsible for health-related economic losses of over US\$1.5 trillion annually. The medical journal The Lancet has now published “The Lancet Countdown on Health and Plastics” for the first time.

 To the [report](#) (english, freely accessible after registration)

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## Get involved!

PHUSE Resource Collection on transformative Planetary Health Education

Planetary Health Resource Collection

Do you have an idea you would like to present to the network or a topic you would like to be covered by an expert during a next meeting? Do you have useful resources you would like to add to the collection?

**Contact us!** [info@phuse.ch](mailto:info@phuse.ch) We would be happy to hear from you.

Francine Müller & Bea Albermann (PHUSE Coordinators)

PHUSE - Swiss Planetary Health Education Network

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